	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 - 7:00	Wake up	Wake up	Wake up	Wake up	Wake up		
7:00 - 7:30	Duties	Duties	Duties	Duties	Duties	Wake Up	Wake Up
7:30 - 8:00	Daily Reading	Daily Reading	Daily Reading	Daily Reading	Daily Reading	Duties	Duties
8:00 - 9:00	Breakfast & Meds	Breakfast & Meds	Breakfast & Meds	Breakfast & Meds	Breakfast & Meds	Daily Reading	Daily Reading
9:00 - 10:00	Climate Meeting	Fitness Training	Fitness Training	Fitness Training	Feedback Group	Breakfast & Meds	Breakfast & Meds
10:00 - 10:30	Break	Break	Break	Break	Break		
10:30 - 12:00	Recovery Lecture	Recovery Group	TRAUMA Group	Recovery Strategies	Pyscho Social 10:30 to 11:30		
12:00 - 1:30	Phone Calls	Phone Calls	Phone Calls	Phone Calls	Phone Calls 11:30 to 12:30	Lunch	Lunch
12:30 - 1:30	LUNCH	LUNCH	LUNCH	LUNCH	Lunch 12:00 to 12:45	Lunch	Lunch
2:00 - 3:30	Recovery Capital	Goal Setting	ART	Exit Plans	David Collins Coaching 1:00 to 2:30	Visiting 1:30 -	Visiting 1:30 -
3:30 - 4:00	Tea	Tea	Tea	Tea	Tea	4:30pm	4:30pm
4:00 - 6:00	Pyscho Education Bookwork/Recovery Talk	Recovery Wellness	Family Group	Practising Recovery	Recovery Wellness 3:00 - 5:00	FREE TIME 4:30 - 6:00pm	FREE TIME 4:30 - 6:00pm
6:00 - 7:00	Dinner	Dinner	Free Time & Dinner	Free Time & Dinner	Free Time & Dinner		
7:00 - 8:00	TED TALK	TED TALK	Game Night	TED TALK	Inpatient Bon Fire - Fellowship	Free Time & Dinner	Free Time & Dinner
8:00 - 10:00	Free Time/Movies	Spirituality/Meditate	Movies	Spirituality/Meditate	Movies	Movies	Movies
10:00	LIGHTS OUT!	LIGHTS OUT!	LIGHTS OUT!	LIGHTS OUT!	LIGHTS OUT 12PM	LIGHTS OUT 12PM	LIGHTS OUT!

Facilitators

Monday	Tuesday	Wednesday	Thursday	Friday	
Climate Meeting - Pius	Fitness Training	Fitness Training	Fitness Training	Feedback Group - Pius	
RECOVERY CAPITAL - MUREEDA	HILLEL	HILLEL	HILLEL	Pyscho Social SHAMISO	
Recovery Lecture Munya	Recovery Group SIERAAJ	TRAUMA - RASADA	Recovery Strategies SIERAAJ	Inpatient Bon Fire Fellowship - Martin	
Pyscho Education Bookwork/Recovery Talk - FATIMA	Goal Setting GEORGINA	ART FATIMA/MUREEDA	Exit Plans GEORGINA	David Collins Coaching DAVID COLLINS	
	Recovery Wellness LEIGH-ANNE	FAMILY GROUP ATTIE	Practising Recovery CHANE	Recovery Wellness - LEIGH-ANNE	